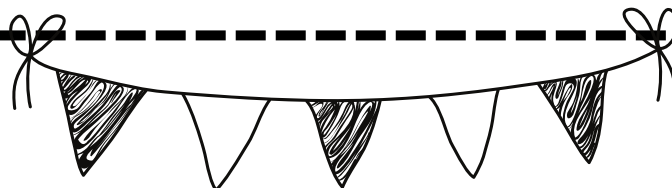


CARE EXPERIENCED STUDENTS NEWSLETTER



WELCOME TO THE CARE EXPERIENCED NEWSLETTER

We hope to issue this newsletter every 1-2 months with updates on specific and general support and opportunities for our Care Experienced community.

Important - Staffing Change



I will be going off on maternity leave on Friday 15th March 2024 (all being well and not sooner!). Please note that the following staff can be contacted in the interim:

For SUQCESS my colleague Lynsey McEvoy will take over managing these queries. You can contact her at lynsey.mcevoy@qub.ac.uk

All other queries please contact my line manager Patricia Hampson at p.hampson@qub.ac.uk

Patricia will keep you all updated if and when this changes as a maternity named contact comes into post. I want to take the opportunity to thank you all for being so wonderful to work with, it's a pleasure to be part of your journey. For those of you who will graduate before I'm back - congratulations, I am so proud of you all!!

Bursary Payment Dates

QUB Care Experienced Bursary - the second payment (£500) of the Queen's Care Experienced Bursary will be sent to finance on 4th March 2024. Please note that it takes 2-3 weeks for this to be processed by finance.

UPCOMING EVENTS

- SU Advice Drop-In Clinic - Every Wednesday and Friday from 11.30am - 2pm - Third floor of One Elmwood
- Breath Workshop - 13th March 2024 - 10am - 12pm - SU Blue Sky Room - Free Workshop to learn breathing techniques to improve your sleep, energy levels and stress.
- Positive Thinking Workshop - 13th March 2024 - 1pm - 3pm - SU Blue Sky Room - Free Workshop to promote positive thinking strategies
- Anti-Doping Workshop - 6th March 2024 - 10am - 12pm - SU Blue Sky Room - Free workshop to find out more about clean sport

Find out about more events and book onto workshops [here](#)

SUQCESS

SUQCESS (Supporting Queen's Care Experienced Students) has been kindly funded by a private donor to provide support for care experienced students to help with their studies. This support may come in the form of vouchers for books, support with groceries, support with accessing a placement, etc. Applications are open all year round and can be found at: go.qub.ac.uk/qubcares

Remember that [well-being](#) host drop-in sessions Mon-Fri from 11am - 3pm on the first floor of One Elmwood. You can also call: 07387 546 123

If you would prefer to opt out of receiving the Care Experienced newsletter, please complete [this short form](#)

1st Year UG Scholarship

The McCabe Family Endowment Scholarship is worth up to £10,000 for a first year UG student who meets one of three eligibility requirements - Care Experienced is one. It will be awarded to one student from NI who is a first year student who began their Queen's studies in academic year 2023/24. The selected student will receive £2,500 per year for the duration of their UG studies, up to a maximum of 4 years excluding placement/study abroad years. The first award of £2,500 will be made in May 2024 and therefore in two £1,250 instalments each year in October and February subject to good standing within the University.

To apply you can click [here](#) but you must provide a statement of no more than 750 words as to why you should be considered for this award. Details of what to include in the statement are available on the form. You have to complete the application in one go and cannot save, so I'd recommend you work on your statement separately and copy it in at the end.

Applications close 15th March 2024 and a panel will then meet to decide the winner. In the event of a tie, the panel will interview the shortlisted candidates to decide the final recipient. Winner will be announced mid-April 2024 and may be asked to participate in publicity activities.

Become Support

[Become](#) is a charity for children in care and young care leavers (up to the age of 27). They offer a wide range of coaching, advice and free workshops. They also have a Care Advice helpline open Monday - Friday from 10am - 5pm. There are also opportunities to get involved in connecting with other care experienced people as well as to campaign to change policy.